

## TEENAGE DISCIPLINE QUANDARIES: HOW WORKING PARENTS RESPOND

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Adolescence is deemed by many as critical, and “experimental.” During this period, kids undergo several physical, emotional, and psychological changes and often wish to accept more mature roles which are undeniably new to them.

This study was conducted at José Rizal University High School Division to determine the real problems which confront the eight (8) parents while disciplining their children and in identifying their specific strategies in making the adolescents follow them and improve academic performance. The researcher primarily employed action research design, with focus group discussion (FGD) on parenting as a primary tool for intervention.

The study revealed that parents experienced a number of teenage discipline problems with ***acting impulsively*** as the most common manifestation, and ***engaging in risky behaviors*** as the most inexcusable. The specific strategies used by parents were ***reminding their children very assertively*** to prevent misbehavior; and ***having pivotal roles*** in academic performance of their children. The results showed that academic performance of their children ***significantly improved*** after the intervention.