

SUSTAINABLE CONSUMPTION AND LIFESTYLE MANAGEMENT: A PERSPECTIVE OF A LIVED GLOBAL WARMING EXPERIENCE

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This study investigated the experiences of respondents in the face of global warming. Their perspectives, effects and lessons learned were also identified. The respondents' behaviors as consumers, and their responsibilities and commitments to change in dealing with the environment as related to their lifestyles were also highlighted. It also identified the links between the respondents' lifestyles and consumption patterns to global warming. Furthermore, respondents' actions to mitigate global warming were studied.

The findings revealed that respondents evidently illustrated the total picture of their experiences. They shared their lived experiences about global warming, and their feelings, reactions and insights on this issue. They expressed their intention to practice the 3Rs (Recycle, Reuses and Reduce) as part of mitigating the phenomenon. Their plans of action further attest to their commitment to become real ambassadors of environment.

The over-all positive responses were indications that the youth are accountable and serious about change, the social transformation for a better world so that sustainable consumption and lifestyle management (SCLM) can be attained.